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FULFILLMENT



From the philosophical standpoint, our comfort zone is an artificial mental boundary within which we maintain a sense of security and out of which we experience great discomforts.

From the most part, our comfort zone is a reflection of our self-image and how we think and expect things should be. When we are in an uncomfortable situation, or one that doesn't fit our expectations, we usually do whatever we can to make ourselves comfortable again.

For many people, even if they are unhappy or unfulfilled, their natural inclination is to stay within the comfort zone simply because it is familiar and safe. Many stay in jobs, relationships and situations that have long since lost their relevance only because they are afraid of the unknown. The truth is that security does not reside in anything outside of ourselves; Instead, it lies within us. Unfortunately, if you choose to remain in your comfort zone, you will never find out what your true potential or what you are capable of achieving. Nor can you really succeed at anything without venturing out of the comfort of your safety net.

If however, you make the decision to move beyond the circumstances, people, and experiences you are familiar with, you move out of your comfort zone and onto the path of personal development. It is a path that forces you to stretch yourself, push your limits and become more than you were. Of course you don't have to do anything extra ordinarily out of a character. Just like anyone who takes a new subject in school learns a new language. Expanding your comfort zone will help prevent getting stuck in a rut or becoming depressed and will challenge you to improve yourself.

Each step in your personal development will advance you to the next level and keep you on the path of self-improvement. “Destiny is not a matter of chance; it is a matter of choice. It is not a thing to be waited for; it is a thing to be achieved” Success ends on the day you die; all wealth and possessions will be immediately transferred to someone else. And even if you get to pick where they go, the reality is; that person is always someone other than you.

Success is never enough. Financial success will never satisfy the innermost desires of our soul. No matter the amount of financial success earned, it always leaves us wanting more. On the other hand, compare the advantages of significance; Significance always last. Significance will always outlast you. Even when you are no longer present, your significance will still be yours. And nothing can ever take that away from you. Significance carries on. Significance keeps on giving.

When you possibly change the life of another human being...and that person changes the life of another..who impacts the life of another..who influence another..Significance satisfies our soul. While the thirst of success is never quenched, significance satisfies our deepest heart and soul. It allows us to lay our head on our pillow each night, confident that we lived a valuable and fulfilling day.

When we realize life won't last forever, Of course everyone knows that life will come to an end- but no one likes to think about it. That's unfortunate. As soon as you start thinking about the end of your life, you begin to live differently in the present. You are never too young to start thinking about your legacy. How do you want people to remember you?

Significance may be as inexpensive as one cup of cocoa drink or as simple as one heartfelt question. Sometimes, our day job leads to significance but if yours does not, find a “career of significance” outside of your job by volunteering in a local organization. Most likely, your gifts, talents, or expertise are desperately needed. Use your job to pay your bills but use your “new career” to pay your soul. Too many people fall into the trap of thinking, “once I make it rich, I’ll become significant”.

This is rarely the case. Significant is not dependent upon success. Choose significance today and begin striving for it now. If, then, financial success comes your way in the future, your mind will be in a better place to truly use your new success for broader significance. And even though failure stings, the venom it injects actually serves as growth. Failure means you are engaged in life because you've taken a risk toward your vision. When you have a vision for yourself, you need a plan for materializing this vision. You need action steps.

Prioritize your vision and create a strategy for action. Break it down into small steps that are manageable. Our time is limited. We can't have everything, be everything, and do everything. If we stuff our lives with too much, we are scattered and unfocused. Life is abundant, and it tempts us with so many options. Choose what is important right now and gently release all else for another time or for good. When you are focused, many other things in your life fall away naturally.

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